

# Revel—A Guided Overview

The Revel method consists of foundational documents, resources for learning and awareness for all health care workers and dedicated tools for targeted audiences. We recommend reviewing documents in the following order to best understand our work. Thank you.

## 1.0 THE BRIEF GUIDE

The brief guide is based on scientific and lived experience research that supports the pivot away from R2MR individual-based training to a whole-of-organization approach to wellbeing and engagement. Review this document to understand the integrated foundational framework of our project.

[VIEW THE GUIDE](#)

## 2.0 THE REVEL METHOD

Revel itself is the implementation approach to fixing workplace wellbeing, burnout and demoralization through engagement. It is a structured visible leadership method and communications approach that makes health care workers feel seen, heard, understood and valued. Read the method to see how Revel works and how it can be applied to any health care organization.

[VIEW THE METHOD](#)

## 3.0 THE TOOLKIT

AWARENESS RESOURCES FOR EVERYONE	LINK
◆ Video #1: Seen, Heard, Understood, Valued	<a href="#">VIEW</a>
◆ Video #2: Reason to Revel	<a href="#">VIEW</a>
◆ Collective Truth for Collective Change	<a href="#">VIEW</a>
◆ Revel Method Process Overview	<a href="#">VIEW</a>
◆ Revel Meeting Principles	<a href="#">VIEW</a>
◆ Dual Continuum Explainer	<a href="#">VIEW</a>
◆ Empathy and Workplace Wellbeing Tips	<a href="#">VIEW</a>

TOOLS FOR THE ORGANIZATION	LINK
◆ A Vision for the Health Care Chief Wellness Officer Role	<a href="#">VIEW</a>
◆ Organizational Audit and Maturity Assessment Against the Revel Principles	<a href="#">VIEW</a>
◆ Addressing Moral Distress and Moral Injury in Health Care	<a href="#">VIEW</a>
◆ Best Practice Approaches to Staff and Physician Support	<a href="#">VIEW</a>
◆ Monitoring Psychosocial Safety	<a href="#">VIEW</a>

TOOLS FOR LEADERS	LINK
◆ Asset Mapping Process Overview	<a href="#">VIEW</a>
◆ Asset Mapping Considerations	<a href="#">VIEW</a>
◆ Asset Mapping Workbook	<a href="#">VIEW</a>
◆ Asset Mapping: What's Next?	<a href="#">VIEW</a>
◆ Communicating Revel	<a href="#">VIEW</a>
◆ Promoting a Flourishing Workforce During Crises	<a href="#">VIEW</a>
◆ Promoting Positive Mental Health in Staff and Physicians	<a href="#">VIEW</a>
◆ Promoting Health Care Worker Wellbeing Through Internal Communication	<a href="#">VIEW</a>
◆ Self-Care for Leaders: Reflection and Restoration	<a href="#">VIEW</a>
◆ Implementation of Mental Health and Wellbeing Policies and Guidelines	<a href="#">VIEW</a>
◆ Revel or Rebel Session Facilitation Guide	<a href="#">VIEW</a>

TOOLS FOR TEAMS	LINK
◆ Rapid Team Values and Behaviours	<a href="#">VIEW</a>
◆ Rapid Team Values and Behaviours Resource Cards	<a href="#">VIEW</a>
◆ Assessing and Monitoring Positive Organizational Practices	<a href="#">VIEW</a>

TOOLS FOR INDIVIDUALS	LINK
◆ Strategies for Flourishing Health Care Workers	<a href="#">VIEW</a>
◆ Monitoring Mental Health at Work	<a href="#">VIEW</a>
◆ Coping with Moral Stressors	<a href="#">VIEW</a>

MATERIALS FOR THE REVEL WORKING TEAM	LINK
◆ Strategic Framework	<a href="#">VIEW</a>
◆ Brand Guidelines	<a href="#">VIEW</a>
◆ PowerPoint Template	<a href="#">VIEW</a>

MATERIALS FOR THE CIPHER CONFERENCE	LINK
◆ About Revel: Presentation	<a href="#">VIEW</a>
◆ About Revel: Poster	<a href="#">VIEW</a>
◆ About Revel: Hand-out	<a href="#">VIEW</a>